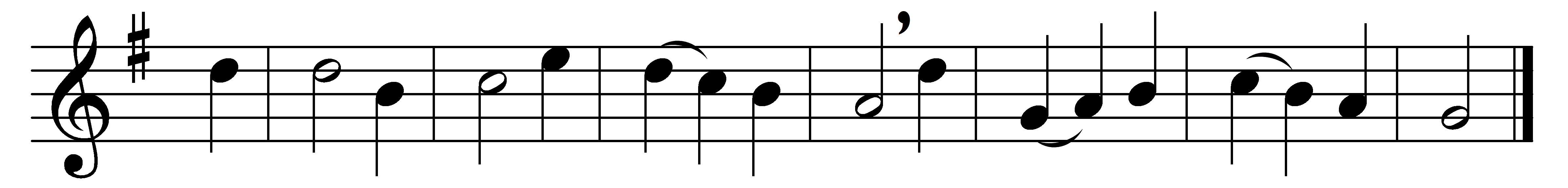
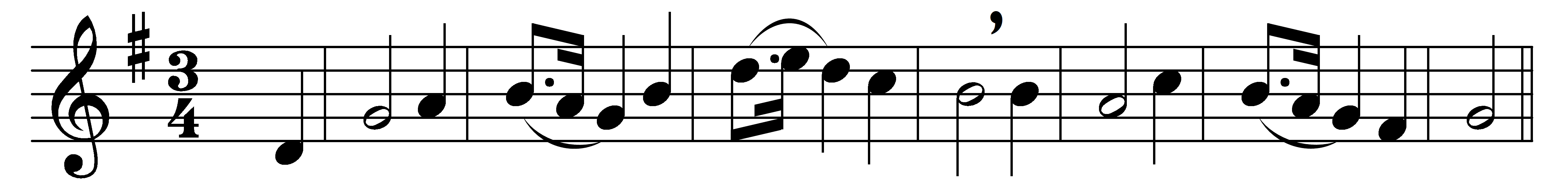
Now from the altar of our hearts AMNS 499 Melody: Glasgow C.M.



Now from the altar of our hearts  
let incense flames arise;  
assist us, Lord, to offer up  
our morning sacrifice.  
  
Awake, my love; awake, my joy;  
awake, my heart and tongue.  
Sleep not: when mercies loudly call,  
break forth into a song.  
  
This day be God our sun and shield,  
our keeper and our guide;  
his care be on our frailty shown,  
his mercies multiplied.  
  
New time, new favour, and new joys  
a new song all require;  
till we shall praise thee as we would,  
accept our hearts’ desire.

Words: John Mason (c. 1645-1694)

Music: Moore’s *Psalm-Singer’s Pocket Companion*, 1756