Hail, true Body, born of Mary AMNS 268 Melody: Standish Irregular

Hail, true Body, born of Mary,

by a wondrous virgin-birth.

Thou who on the Cross wast offered

to redeem the sons of earth;

thou whose side became a fountain

pouring forth thy precious blood,

give us now, and at our dying,

thine own self to be our food.

O sweetest Jesu,

O gracious Jesu,

O Jesu, blessèd Mary’s Son.

Words: 14th century, translated by Henry Nutcombe Oxenham (1829-1888)

Music: John Dykes Bower (1905-1981)