

AMNS 237 Take up thy cross, the Saviour said

C. W. Everest
(1814-1877)

Melody: Breslau

Traditional German melody,
harmony from AMR

The musical score is written for voice and piano. It features a treble and bass staff with a key signature of one sharp (F#) and a 4/4 time signature. The melody is simple and hymn-like, with a steady rhythm. The lyrics are arranged in three systems, each with a corresponding musical line. The first system contains three verses, the second system contains two verses, and the third system contains three verses. The lyrics are in a traditional, slightly archaic style, reflecting the hymn's origin in the 19th century.

1. Take up thy cross, the Sa - viour said, if thou wouldst my di - sci - ple be;
2. Take up thy cross - let not its weight fill thy weak spi - rit with a - larm:
3. Take up thy cross, nor heed the shame, nor let thy foolish pride re - bel:

de - ny thy - self, the world for - sake, and hum - bly fol - low af - ter me.
his strength shall bear thy spi - rit up, and brace thy heart, and nerve thine arm.
thy Lord for thee the Cross en - dured, to save thy soul from death and hell.

4. Take up thy cross then in his strength, and calm - ly ev - 'ry dan - ger brave;
5. Take up thy cross, and fol - low Christ, nor think till death to lay it down;
6. To thee, great Lord, the One in Three, all praise for ev - er - more as - cend:

'twill guide thee to a bet - ter home, and lead to vic - t'ry o'er the grave.
for on - ly he who bears the cross may hope to wear the glo - rious crown.
O grant us in our home to see the heav'n - ly life that knows no end.